

Want to help?

Volunteer

Volunteers are crucial to the work we do. If you would like to get involved, find out more about our volunteering opportunities at:
<http://www.headwayswlondon.org/how-you-can-help/volunteering/>

Donate

We are hugely grateful for any donations – big or small! Help us to continue improving life after brain injury by donating here:
www.headwayswlondon.org/donate

Contact Us



www.headwayswlondon.org



info@headwayswlondon.org



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We work to support people affected by brain injury in South West London:

- Merton
- Croydon
- Sutton
- Kingston upon Thames
- Richmond upon Thames
- Wandsworth

Our Services

Support Groups

We run monthly support groups for adults who have experienced a brain injury, as well as for their family members, friends, and carers.

Along with a virtual group that takes place on Zoom, these meetings are held in four locations across South-West London:

- **Balham** (1st Tuesday, 10-11:30am)
- **Wimbledon** (2nd Tuesday, 2:30-9pm)
- **Richmond** (2nd Thursday, 7.30-9pm)
- **Croydon** (3rd Wednesday, 7.30-9pm)

Groups differ from month to month, with a mixture of information sharing, guest speakers and fun activities. They provide opportunity for service users to meet and share experiences with other people who really know what it is like to struggle with the after-effects of a brain injury.

Allotment Visits

Monthly visits to our Martin Way Allotment provide an opportunity for service users to do some gardening and socialise with other members.



Benefits Advice

We offer completely free financial advice to ensure that service users are receiving all the benefits they are entitled to. This is being provided by Nestor, who are now part of Chase de Vere Independent Financial Advisers Ltd.

Social Events

We run social events throughout the year. Past events have included a visit to Kew Gardens, Hampton Court Palace and Morden Hall Park, as well as various lunches.

