

Find out more



Visit our website:

www.headwaysw london.org



Sign up to our newsletter and reminders:

www.headwaysw london.org/newsletter

Contact us



Email:

info@headwaysw london.org



Phone:

07395 831 993

Want to help?

Volunteer

Volunteers are crucial to the work we do. If you would like to get involved, find out more about our volunteering opportunities at:

www.headwaysw london.org/volunteering

Donate

We are hugely grateful for any donations – big or small! Help us to continue improving life after brain injury by donating here:

www.headwaysw london.org/donate

www.headwaysw london.org

Improving life after brain injury



We work to support people affected by brain injury in South West London:

- Merton
- Croydon
- Sutton
- Kingston upon Thames
- Richmond upon Thames
- Wandsworth

www.headwaysw london.org

Affiliated to Headway UK, the brain injury association.

Headway South West London is a registered charity (number 1150619) and a company limited by guarantee registered in England (number 8328984).

About us

Headway South West London is an independent charity, affiliated to Headway UK, and one of over 100 Headway groups across the UK.

Our services



Regular Group Meetings:

Monthly meetings in Balham, Wimbledon, Croydon, Richmond, and a Virtual Group. These are for anyone who has experienced a brain injury, as well as family members, friends, and carers.



Social Events:

Regular events throughout the year with summer trips (e.g. London Zoo and Hampton Court), and lunches on us.



Allotment Visits:

Join us at our Martin Way allotment site for a hot drink and homemade cookies!



Emergency Fund Grants:

Grants to support those with financial pressures affected by brain injury and prioritised for those most in need.



Free Benefits Advice:

Free financial and benefits advice for our service users through Independent Financial Advisers.



Monthly group meetings

Our monthly group meetings are for anyone who has experienced a brain injury, as well as family members, friends, and carers. Group activities vary from month to month with a mixture of information sharing and fun activities. You can meet and share experiences with other people who really know what it is like to struggle with the after-effects of a brain injury. To attend our group meetings, just turn up on the day!

Balham Group:

The first Tuesday of every month, 10-11:30am

Wimbledon Group:

The second Tuesday of every month, 7:30-9pm

Croydon Group:

The third Wednesday of every month, 7:30-9pm

Richmond Group:

The fourth Thursday of every month, 7:30-9pm

Virtual Group:

Monthly groups on Zoom or Teams with Paula

For more information please see our website or contact us:

✉ info@headwayswlondon.org

☎ 07395 831 993