

What's happening in the world of HSWL right now...

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HSWL Website

New User Group Representatives

A huge congratulations to all our new user representatives for our HSWL monthly groups! In October each group ran an election and we hope to provide more information on these individuals this month to help you identify them if there is anything they can help with. We would also like to say thank you to all other service users who ran for this role and hope they reapply for the next elections!



Social at Jimmy's

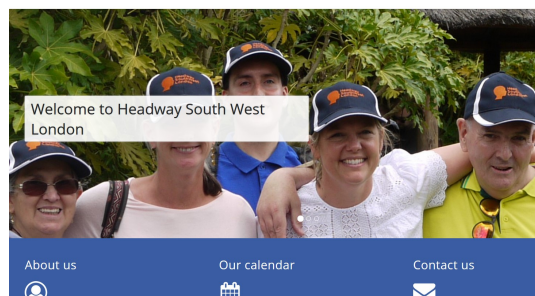
We had a great turnout when we made the most of the 'all-you-can-eat' aspect of Jimmy's on 20th October! It is clear to see why this is our favourite destination for a HSWL lunch. Keep an eye out as we organise our Christmas social dinner...

Our New Website

After much planning we have finally launched our brand new HSWL website. Additional changes include easier navigation and updated group pages. In November we hope to iron out small problems with graphics and hope to further enhance navigation. Please [email us](#) with any comments.

Headway South West London

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Meet the Scientist

This will be on Thursday 29th November from 1pm at the Wolfson Education Centre, Hammersmith Hospital, London W12 0HS. The event is completely free and features exciting talks and tours of the Imperial College TBI research facility. You can [register for this event here](#).

Next Group Meetings...

Balham Group

Tuesday 6th November, 10-11:30am

Topic: Sleep hygiene and relaxation/mindfulness techniques

Balham Library, 16 Ramsden Road, Balham SW12 8QY

Wimbledon Group

Tuesday 13th November, 7:30-9pm

Topic: Quiz night

Drake House, 44 St George's Road, Wimbledon SW19 4ED

Croydon Group

Wednesday 21st November, 7:30-9pm

Topic: Crafty Christmas – join us for Christmas crafting

Harris Academy Purley, Kendra Hall Road, South Croydon CR2 6DT

Richmond Group

Thursday 22nd November, 7:30-9pm

Topic: Work – what job have you had, are you doing now, and what would you like to do in the future?

Moore Blatch Solicitors, 2 The Green, Richmond TW9 1PL



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