

What's happening in the world of HSWL right now...

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**Headway  
South West  
London**

Welcome to Headway South West London. We work to support people with a brain injury, their families, carers and healthcare professionals.



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HSWL Website



## Going to London Zoo!

We are excited to confirm that HSWL will be going to London Zoo on **Saturday 28th July!** HSWL will take care of tickets and transport for everyone and will confirm where and when to meet in both June's newsletter and in the upcoming group meetings.

## Arts in Mind Festival

From 4th-10th June, King's College London will have several exhibitions running aimed at [understanding mental health, the mind and brain through the arts](#). One of these exhibitions, '[losing one's sense of self: exploring the effects of frontal lobe brain damage](#)', contains artwork from several of HSWL's service users, and is at the Maudsley Hospital all this week.





## HSWL Annual Dinner

On Thursday 31st May we had our annual dinner at the Richmond Hill Hotel. There were several great speakers, including HSWL service users who shared their personal journeys and experiences. On behalf of HSWL we would like to thank all those who helped make the evening such a success.

## Data Protection Laws

Thank you to all of those who have signed up to our new HSWL newsletter emailing list. Please spread the word to all service users that if they have not signed up, they can now do so on the updated link on the right of the main [HSWL website homepage](#).



## Next Carers Group

We will be returning to [The Plough Bar and Kitchen](#) for the third group of 2018 on **Friday 29th June 10:30-12:00**.

We had a great turnout at the last meeting in April and [Justine Speigelberg](#) will look forward to seeing you all in June. More information on our [website pages](#) or please email her with any questions: [justinespiegs@googlegmail.com](mailto:justinespiegs@googlegmail.com)

## Next Group Meetings...

### Balham Group

Tuesday 5th June, 10-11:30am

Balham Library, 16 Ramsden Road, Balham SW12 8QY

### Wimbledon Group

Tuesday 12th June, 7:30-9pm

Drake House, 44 St George's Road, Wimbledon SW19 4ED

### Croydon Group

Wednesday 20th June, 7:30-9pm

Topic: Fatigue management

Harris Academy Purley, Kendra Hall Road, South Croydon CR2 6DT

### Richmond Group

Thursday 28th June, 7:30-9pm

Topic: Post-traumatic growth (presentation)

Moore Blatch Solicitors, 2 The Green, Richmond TW9 1PL



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