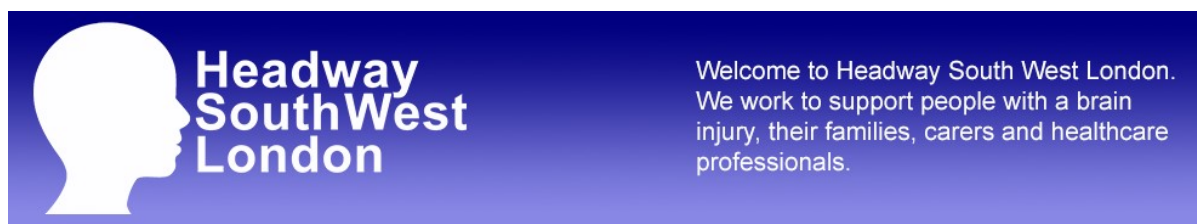


What's happening in the world of HSWL right now...

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Social

It was great to see some familiar faces at the Social event in September at Jimmy's World Buffet in Wimbledon. It was lovely to meet some new faces too. It would be rude to mention names, but the record number of helpings on the day was five plates worth, and the rest of us followed close behind. It was a feast. A notable highlight for all of us was the ice cream cone machine. Again it would only be rude to have counted how many soft cones we consumed. They were delicious! We hope to see many more of you next time.

Thank you to Scotty for sharing his photograph.



Allotment session and Pumpkinfest

Volunteer Peter Briggs will be leading a gardening session to help us get the most out of our allotment on Wednesday 4 October, starting at 2pm. Everyone welcome.



Allotment 106A, Martin Way Allotments West Side, Martin Way, SW20 9NT
[Click here for directions.](#)

On Saturday 29 October, the Martin Way Allotment Gardens Association will be holding their annual Pumpkinfest event. See [their website](#) where more information will be posted nearer the time.

Meet the Scientists

Imperial College London's annual Meet the Scientists Day will focus on research into traumatic brain injury.

The free event, for people who have had a brain injury and their carers, will be held at the college's Hammersmith campus at White City on Monday 25 October from 1pm to 5pm.

Visitors will be offered a tour of the research facility, followed by a talk from [Professor David Sharp](#) and a panel discussion. There will also be opportunities to get involved in current and future research.

Places are limited and must be booked in advance.



For more information and to book a place, [click here](#).

Coming up...

Balham Day Group Meeting

Tuesday 3 October, 10am-11:30am.

Balham Library, 16 Ramsden Road, London SW12 8QY

As the nights are slowly getting darker and winter approaches, we will discuss how to keep ourselves safe when out and about. We will also talk about the Brain Injury Card.

Wimbledon Group Meeting

Tuesday 10 October, 7:30pm-9pm

Drake House, St Georges Road, Wimbledon, SW19 4ED

Come and get your 'spook' on! We will be having a Halloween themed quiz and a discussion about the hidden aspects of a brain injury. Make sure to wear a touch of Halloween and come and enjoy some fun. You might find a few treats... and hopefully no tricks!

Croydon Group Meeting

Wednesday 18 October, 7:30pm-9pm

Harris Academy Purley, Kendra Hall Road, South Croydon CR2 6DT

We will be having a guest speaker - Shoaeb Aziz, Acquired Brain Injury Projects Manager from the charity [Attend](#).

Richmond Group Meeting

Thursday 26 October, 7:30pm-9pm

Moore Blatch Solicitors, 2 The Green, Richmond, London TW9 1PL

Our member, Laween, will kindly be providing a presentation on Neuroplasticity and it's role in brain rehabilitation. Come and join us to learn more and share your experiences.

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