

What's happening in the world of HSWL right now...

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**Headway
South West
London**

Welcome to Headway South West London. We work to support people with a brain injury, their families, carers and healthcare professionals.



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Free Tickets for Way Ahead Conference

Friday 30 June - Sunday 2 July 2017

Yarnfield Park Conference Centre, Staffordshire

Headway South West London will be funding 8 places for this year's Way Ahead conference, chosen by prize draw. We will cover attendance, including food and accommodation, but not transport.

If you would like to be included in the prize draw for these places, please email services@headwayswlonon.org.

[More details on the event](#)

Coming up...

Balham Day Group Meeting

Tuesday 2nd May, 10-11:30am

Balham Library, 16 Ramsden Road, London SW12 8QY

I will be focussing on Brain Injury Awareness Week's theme - A New Me. We will listen to a Podcast - the first in a series "Life after Brain Injury". We will discuss what "A New Me" might mean to you.

We look forward to seeing as many of you who can make it!

Wimbledon Group Meeting

Tuesday 9th May, 7:30-9pm

Drake House, St Georges Road, Wimbledon, SW19 4ED

May's Wimbledon meeting will be focused on yoga; the benefits and challenges after a brain injury.

An outside speaker Alex Jones who is a qualified Yoga instructor and Neurological OT has combined her skills and knowledge in both areas to provide bespoke classes to teach yoga to those following brain injury.

Croydon Group Meeting

Wednesday 17th May, 7:30-9pm

Harris Academy Purley, Kendra Hall Road, South Croydon CR2 6DT

Evening of music and singing – Richard from the Queen Elizabeth Foundation will be taking requests and performing our favourite songs. Clap, sing and play along as much (or as little!) as you like.

Richmond Group Meeting

Thursday 25th May, 7:30-9pm

Moore Blatch Solicitors, 2 The Green, Richmond, London TW9 1PL

Communication challenges in brain injury. The mystery of words.



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