

What's happening in the world of HSWL right now...

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**Headway
South West
London**

Welcome to Headway South West London. We work to support people with a brain injury, their families, carers and healthcare professionals.



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HSWL Website

March Social

Saturday 18th March, 1-4pm

For March's social outing we will be going to Jimmy's World Buffet Restaurant in Wimbledon.

If you are planning to attend, please let us know in advance by emailing services@headwayswLondon.org or leaving a message on 07722 861 642.

HSWL will cover the cost of your meal and one drink. We hope to see you there!

[Directions to the restaurant](#)



**ACTION FOR
BRAIN INJURY WEEK 2017
8-14 MAY**

Brain Injury Survey

Headway UK have launched a survey called A New Me: Experiences of life after brain injury and are asking survivors to let us know how their lives have changed following their brain injury, and also what the phrase 'a new me' means to them.

[Take the survey](#)

The survey closes on 24 April 2017 and results will be launched in May as part of ABI Week.

Planning to fundraise for HSWL?

Headway South West London rely entirely on donations to keep our services running. If you are planning to do a run or other fundraising event for HSWL, please make sure you set up your fundraising page using [Charity Choice](#) or [MyDonate](#) and select Headway South West London as your chosen charity.

[More details](#)



Taxi Services Consultation

Do you use Taxicard or Dial-a-Ride? Have your say on how these services could be run in the future in an online survey.

Taxicard is funded by Transport for London and the 33 London local authorities and administered by London Councils which is looking to draw up a new contract to run Taxicard jointly with the Transport for London-funded Dial-a-Ride service.

This new joint contract could mean changes in the cost of your taxi service, the number of trips, availability of



vehicles and waiting times.

For more information and a link to the survey, visit the [London Councils website](#).

The deadline to fill in the consultation is Wednesday 5 April.

Coming up...

Balham Day Group Meeting

Tuesday 7th March, 10-11:30am, followed by a drop-in service until 1pm
Balham Library, 16 Ramsden Road, London SW12 8QY

Balham group will be informally discussing topical news events. Member are encouraged to bring along a newspaper article they found interesting that they wish to share. This can be serious or funny!

Wimbledon Group Meeting

Tuesday 14th March, 7:30-9pm
Drake House, St Georges Road, Wimbledon, SW19 4ED

The March Wimbledon meeting will be an Easter themed art session. We will have an art teacher attending to facilitate the activities. We hope to see many of you there.

Croydon Group Meeting

Wednesday 15th March, 7:30-9pm
Harris Academy Purley, Kendra Hall Road, South Croydon CR2 6DT

Spring is around the corner so it's time to get sowing and growing. Sow some flower and veg seeds to take home or donate to the Headway Allotment. Compost, pots and seeds will be provided.

Richmond Group Meeting

Thursday 23rd March, 7:30-9pm
Moore Blatch Solicitors, 2 The Green, Richmond, London TW9 1PL

Yoga – the benefits and challenges after a Brain Injury. We will have an outside speaker, Alex Jones, who is a qualified Yoga instructor and Neurological OT, who has combined her skills and knowledge in both areas to provide bespoke classes to teach yoga to those following brain injury.

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